For Advanced Kids Learners

Book 1

Time to Talk

Lesson 26_Junk Food All Over The World

- **Warm-up questions**

1

**What kinds of junk food
can you find around the world?**

2

**Which country do you think
eats the most junk food?**

- **Read and learn**

Junk Food All Over The World

The world is **surround**ed by tons of junk food. In the West, people like to eat **fast food**, while in Asia, instant noodles are more **popular**. There are many kinds of junk food, but none of them are good for our health. Instead, it leads to many health problems.

fast food

popular

surround
To be all around someone or something.

• **Read and learn**

Data shows that Americans have become more and more obese. It is because 40% of Americans eat fast food every day. On the other hand, instant noodles in Asian countries often **lead** to heart disease. Can you believe that more than 216 millions bags of instant noodles are eaten in Asia every day?

data

Facts, figures, or other pieces of information that can be used to learn about something.
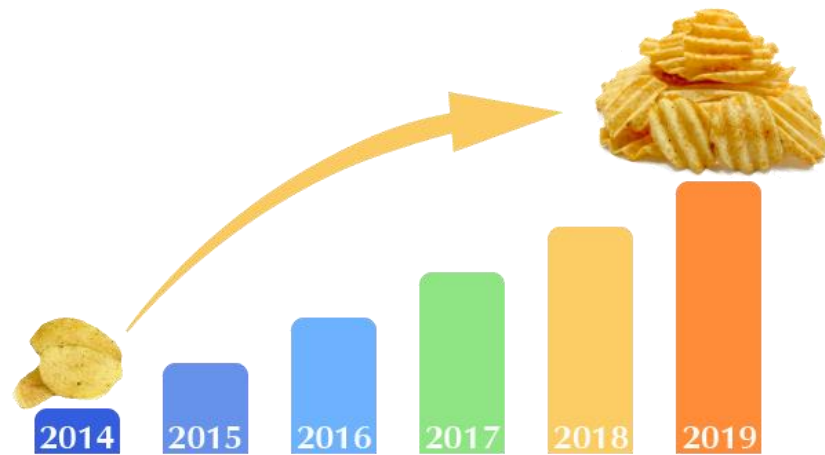
lead

To give way to something.

3

- **Read and learn**

As the number of junk food **increase**s, the number of people who become obese and sick increases too. If you don't want to be one of them, please listen to the doctors and don't eat too much junk!

2014 2015 2016 2017 2018 2019

increase

To make larger or greater.

- **Fill in the blanks.**

popular

fast food

surrounded

increasing

data

lead

1. Eating junk food can _____ to heart problems.

2. The number of people in my city is _____.

3. It's unhealthy to eat _____ every day.

4. My friend is a _____ television actor.

5. The world is _____ by tons of junk food.

6. We found some _____ for our homework.

- **Grammar**

🖍 **Hyperbole**

Used to express exaggeration to make something sound funny or stronger.

Examples

1. The world is surrounded by tons of junk food.

2. He's running faster than the wind.

➕ **Fill in the blanks.**

1. That man is as _____ as a building.

2. I'm so hungry I could eat the whole _____.

- **Answer the following questions.**

Junk Food

1. What is fast food?
   Who made it popular?

2. What are instant noodles?
   Which place consumes the most instant noodles?

3. Why are fast food and instant noodles considered junk food?

4. Give 5 kinds of popular junk food from your country.